Roster Breakdowns

ALPHABETICAL

1 Lyndsey Babilon
26 Rebecca Belmonte
14 Sarah Bennett
24 Ashley Bowers
2 Maggie Canavan
22 Ruth Costanzo
33 Natalie Draham
4 Deanna Hauser
44 Shelby Iezzi
10 Allie Kakareka
12 Samantha King
3 Lindsay Kupferschmidt
7 Gabrielle Lochetto
13 Courtney Martin
16 Samantha Mazzie
18 Tia Mazzie
5 Kelsey Metzler
55 Devyn Mulholland
8 Monica Novielli
15 Kelsey Paulsen
20 Kelsey Schwan
17 Amber Shifflett
6 Kim Springman

BY CLASS

Seniors (1)
6 Kim Springman

Juniors (5)
26 Rebecca Belmonte
24 Ashley Bowers
13 Courtney Martin
18 Tia Mazzie
20 Kelsey Schwan

Sophomores (3)
10 Allie Kakareka
12 Samantha King
3 Lindsay Kupferschmidt

Freshmen (14)
1 Lyndsey Babilon
14 Sarah Bennett
2 Maggie Canavan
22 Ruth Costanzo
33 Natalie Draham
4 Deanna Hauser
44 Shelby Iezzi
7 Gabrielle Lochetto
16 Samantha Mazzie
5 Kelsey Metzler
55 Devyn Mulholland
8 Monica Novielli
15 Kelsey Paulsen
17 Amber Shifflett

No.	Name	Year	Position	Hometown/ High School
1	Lyndsey Babilon	Fr.	Attack	Boyertown/Boyertown
2	Maggie Canavan	Fr.	Midfield	Erdenheim/Springfield
3	Lindsay Kupferschmidt	So.	Midfield	Royersford/Spring-ford
4	Deanna Hauser	Fr.	Defense	East Northport, NY/Commack
5	Kelsey Metzler	Fr.	Attack	Schwenksville/Perkiomen Valley
6	Kim Springman*	Sr.	Midfield	Downingtown/Bishop Shanahan
7	Gabrielle Lochetto	Fr.	Midfield	Phoenixville/Owen J. Roberts
8	Monica Novielli	Fr.	Midfield	West Chester/Rustin
10	Allie Kakareka	So.	Attack	Royersford/Spring-ford
12	Samantha King	So.	Midfield	Elkton, MD/Northeast
13	Courtney Martin	Jr.	Defense	West Chester/Garnet Valley
14	Sarah Bennett	Fr.	Midfield	Gilbertsville/Boyertown
15	Kelsey Paulsen	Fr.	Attack	West Islip, NY/West Islip
16	Samantha Mazzie	Fr.	Midfield	Barto/Boyertown
17	Amber Shifflett	Fr.	Defense	Pasadena, MD/Chesapeake
18	Tia Mazzie *	Jr.	Midfield	Barto/Boyertown
21	Kelsey Schwan *	Jr.	Attack	Burnt Hills, NY/West Chester
22	Ruth Costanzo	Fr.	Attack	Lancaster/Hempfield
24	Ashley Bowers	Jr.	Defense	Springfield/Springfield
26	Rebecca Belmonte	Jr.	Defense	Seaford, NY/Plainedge
33	Natalie Draham	Fr.	Midfield	Blue Bell/Wissahickon
44	Shelby Iezzi	Fr.	GK	Pottstown/Owen J. Roberts
55	Devyn Mulholland	Fr.	GK	Turnersville, NJ/Washington Twp.

* Team Captain

Head Coach: Leah Carr
Assistant Coach: Gary Agard



King



Kakareka and Springman



Kim Springman #6

Senior • Midfield
Downingtown, PA
Bishop Shanahan

2009: Started in 17 of 18 games for the Huskies... Led the team in assists with 24 and points with 52... Scored a season-high five goals in an 18-9 win over East Stroudsburg...Scored two goals and had four assists against Mercyhurst...Caused one turnover and had season-high three ground balls against Lock Haven..Had 10 game stretch of at least one goal per game.

2008: Started 15 of 17 games for the Huskies... Was second on the team in goals and assists... Scored a career-high six goals on two occassions...Had a career-high six ground balls in a 15-10 win over East Stroudsburg.

2007: Had four goals and two assists in a 24-2 win over Slippery Rock... Had two goals in an 11-6 loss to Shippensburg... Scored three goals and two assists in a 14-9 victory over East Stroudsburg... Tied her career-high of four goals in an 16-8 loss to West Chester.

Springman's Career Bests
Goals - 6 (twice)
Assists - 4 vs. Mercyhurst (3/29/09)
Points - 7 (three times)

Getting to Know Kim
Favorite Food: Peanut Butter Ice Cream
TV Show I Don't Miss: Friends
Favorite Musical Artist: Dave Matthews Band
If I Had to Cook We'd Be Eating: Grilled Chicken
Major: Special Education/Elementary Education

Springman's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	17-18	46	28	24	52	22	22	5
2008	17-15	68	37	13	50	33	23	14
2007	17-14	19	22	7	29	22	-	13
Totals	**51-47**	**133**	**87**	**44**	**131**	**77**	**45**	**32**



Rebecca Belmonte #26

Junior • Defense
Seaford, NY
Plainedge

2009: Played in 15 games for the Huskies...Had 32 ground balls and caused seven turnovers... Picked up career-high five ground balls against West Chester.

2008: Played in 14 games for the Huskies... Had five ground balls and caused eight turnovers.

Belmonte's Career Bests
Goals - 0
Assists - 0
Points - 0

Getting to Know Rebecca
TV Show I Don't Miss: One Tree Hill
Reality Show I Could Win: Trading Spaces
My Dream Job Would Be: A Fashion Designer
If I Could Play Another Sport It Would Be: Boxing
Major: Secondary Education

Belmonte's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	15-11	0	0	0	0	32	3	7
2008	14-0	0	0	0	0	5	2	8
Totals	**29-11**	**0**	**0**	**0**	**0**	**37**	**5**	**15**



Ashley Bowers #24

Junior • Defense
Springfield, PA
Springfield

2009: Was named second team All-PSAC East... Started in all 18 games for the Huskies... Was third on the team in ground balls with 48...Had 31 draw controls and caused 13 turnovers on the season...Tied her career-high six ground balls in a 18-9 win over East Stroudsburg.

2008: Was named second team All-American by the IWLCA, second team All South as a defender, and All-PSAC second team...Started all 18 games of the season...Led the team in ground balls with 51, while causing 22 turnovers and making 15 draw controls...Had a career-high six ground balls in a 5-8 loss to East Stroudsburg.

Bowers' Career Bests
Goals - 0
Assists - 0
Points - 0

Getting to Know Ashley
Favorite Movie: Rudy
Favorite Musical Artist: Pink
Sports Role Model: Brian Westbrook
Major: Nursing



Courtney Martin #13

Junior • Defense
West Chester, PA
Garnet Valley

2009: Played in 16 games... Had career-high six ground balls in 17-8 win over Millersville...Caused five turnovers against Regis University in 22-10 victory.

2008: Appeared in seven games... Had a career-high four ground balls and five caused turnovers in a 19-2 win over Slippery Rock... Scored a goal in a 20-9 loss to Lock Haven.

Martin's Career Bests
Goals - 1 vs. Lock Haven (4/5/08)
Assists - 0
Points - 1 vs. Lock Haven (4/5/08)

Getting to Know Courtney
Reality Show I Could Win: Cash Cab
Sports Role Model: Mia Hamm
My Dream Job Woould Be: A Therapist
Major: Art Studio

Bowers' Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	18-18	1	0	0	0	48	31	13
2008	18-18	1	0	0	0	51	15	22
Totals	36-36	2	0	0	0	99	46	35

Martin's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	16-5	0	0	0	0	35	1	7
2008	7-0	1	1	0	1	11	0	9
Totals	23-5	1	1	0	1	46	1	16



Tia Mazzie #18

Junior • Midfield
Barto, PA
Boyertown

2009: Named second team All-PSAC East... Was third on the team in goals with 32 and assists with eight...Played in 17 games and had 49 ground balls... Scored career-high four goals on three occassions... Tied her career-high six ground balls in game against Rollins.

2008: Started all 18 games... Was second on the team in ground balls and in caused turnovers... Scored 14 goals and had seven assists... Had a career-high six ground balls in a 8-5 loss to East Stroudsburg... Had a career-high five caused turnovers in a 22-8 win over IUP.

Mazzie's Career Bests

Goals - 4 (three times)
Assists - 2 vs. Slippery Rock (3/27/08)
Points - 5 (twice)

Getting to Know Tia
Favorite Food: Chicken Alfredo
Favorite Show: One Tree Hill
I'd Like To Switch Places For A Day With: Beyonce
Major: Special Education/Elementary Education

Mazzie's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	17-15	54	32	8	40	49	35	14
2008	18-18	35	14	7	21	48	21	23
Totals	**35-33**	**89**	**46**	**15**	**61**	**97**	**56**	**37**



Kelsey Schwan #21

Junior • Attack
Burnt Hills, NY
West Chester

2009: Appeared in 11 games..Scored eight goals and had four assists... Had career-high two goals and one assist in 18-9 win over East Stroudsburg...Picked up eight ground balls and had two draw controls for the Huskies...Had career-high three ground balls in 23-2 win over Philadelphia University.

Schwan's Career Bests

Goals - 2 (three times)
Assists - 1 (four times)
Points - 3 vs. E. Stroudsburg (4/22/09)

Getting to Know Kelsey
Favorite Musical Artist: Third Eye Blind
Sports Role Model: Lance Armstrong
Favorite Movie: Twilight
Major: Exercise Science

Schwan's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	11-1	16	8	4	12	8	2	0
Totals	**11-1**	**16**	**8**	**4**	**12**	**8**	**2**	**0**



Allie Kakareka #10

Sophomore • Attack
Royersford, PA
Spring-ford

2009: Played in all 18 games for the Huskies... Tied for third in the team in assists with eight...Had three game stretch of three goals per game...Scored career-high four goals against Regis University in 22-10 win... Had total of 31 goals on the year and picked up 38 ground balls with five draw controls.

Kakareka's Career Bests

Goals - 4 vs. Regis (4/18/09)
Assists - 3 vs. Kutztown (4/16/09)
Points - 5 vs. Kutztown (4/16/09)

Getting to Know Allie
Favorite Food: Cheesesteak
Reality Show I Could Win: America's Next Top Model
Sports Role Model: Michael Jordan
Major: Secondary Education

Kakareka's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	18-9	50	31	8	39	38	5	10
Totals	**18-9**	**50**	**31**	**8**	**39**	**38**	**5**	**10**



Samantha King #12

Sophomore • Midfield
Elkton, MD
Northeast

2009: Named PSAC-East Freshman of the Year and first team All-PSAC East...Second on the team in goals with 41 and third on the team in points with 46...Had just two games where she did not score... Scored career-high five goals in 10-9 win against Shippensburg...Picked up 32 ground balls and had 29 draw controls.

King's Career Bests

Goals - 5 vs. Shippensburg (4/14/09)
Assists - 1 (five times)
Points - 5 (three times)

Getting to Know Samantha
Favorite Food: Stuffed Shells
Favorite Show: Scooby Doo
Favorite Movie: Finding Nemo
Major: Pre-Physical Therapy

King's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	18-16	68	41	5	46	32	29	9
Totals	**18-16**	**68**	**41**	**5**	**46**	**32**	**29**	**9**



Lindsay Kupferschmidt #3

Sophomore • Midfield
Royersford, PA
Spring-ford

2009: Played in 16 games for the Huskies... Scored three goals and had one assist...Had one goal and picked up two ground balls in 20-7 win over Kutztown...Caused three turnovers, picked up 14 ground balls, and had seven draw controls.

Kupferschmidt's Career Bests
Goals - 1 (three times)
Assists - 1 vs. Kutztown (4/16/09)
Points - 1 (four times)

Getting to know Lindsay
Favorite Food: Pineapple
Favorite TV Show: Grey's Anatomy
If I Had To Cook We'd Be Eating: Mac and Cheese
Major: Pre-Physical Therapy

Kupferschmidt's Career Statistics

Year	GP-GS	SOG	G	A	Pts.	GB	DC	CT
2009	16-1	10	3	1	4	14	7	3
Totals	**16-1**	**10**	**3**	**1**	**4**	**14**	**7**	**3**



Lyndsey Babilon #1

Freshman • Attack
Boyertown, PA
Boyertown

Getting to Know Lyndsey
Favorite Food: Sushi
Reality Show I Could Win: Fear Factor
If I Could Play Another Sport: Tennis
Major: Undeclared



Sarah Bennett #14

Freshman • Midfield
Gilberstville, PA
Boyertown

Getting to Know Sarah
Favorite Food: Ice Cream
Favorite Show: Desperate Housewives
Sports Role Model: Amanda Beard
Major: Speech Pathology



Maggie Canavan #2

Freshman • Midfield
Erdenheim, PA
Springfield

Getting to Know Maggie
Reality Show I Could Win: Fear Factor
Sports Role Model: Brian Westbrook
My Dream Job Would Be: NCIS Federal Agent
Major: Spanish/Secondary Education



Ruth Costanzo #22

Freshman • Attack
Lancaster, PA
Hempfield

Getting to Know Ruth
Favorite Food: Chicken Caesar Salad
Reality Show I Could Win: Deal or No Deal
My Dream Job Would Be: Talkshow Host
Major: Speech Pathology



Natalie Draham #33

Freshman • Midfield
Blue Bell, Pa
Wissahickon

Getting to Know Natalie
Favorite Show: The Office
Reality Show I Could Win: Wheel Of Fortune
Non-Sports Role Model: Ellen DeGeneres
Major: Speech Pathology/Audiology



Deanna Hauser #4

Freshman • Defense
East Northport, NY
Commock

Getting to Know Deanna
Favorite Musical Artist: Lil Wayne
My Dream Job Would Be: Actress
If I Could Play Another Sport: Beach Volleyball
Major: Accounting



Shelby Iezzi #44

Freshman • GK
Pottstown, PA
Owen J. Roberts

Getting to Know Shelby
Favorite Show: Glee
I'd Like To Switch Places For A Day With: Tyra Banks
Favorite Movie: The Notebook
Major: Undeclared



Gabrielle Lochetto #7

Freshman • Midfield
Phoenixville, PA
Owen J. Roberts

Getting to Know Gabrielle
Favorite Food: Chocolate
Favorite Show: Sons of Anarchy
Reality Show I Could Win: Fear Factor
Major: Undeclared



Samantha Mazzie #16

Freshman • Midfield
Barto, PA
Boyertown

Getting to Know Samantha
Favorite Food: Mashed Potatoes and Corn
Favorite Show: Big Brother
Reality Musical Artist: Taylor Swift
Major: Special Education/Elementary Education



Kelsey Metzler #5

Freshman • Attack
Schwenskville, PA
Perkiomen Valley

Getting to Know Kelsey
Favorite Food: Crab Legs
Sports Role Model: Brian Westbrook
Favorite Movie: Romeo and Juliet
Major: Special Education/Early Childhood



Devyn Mulholland #55

Freshman • GK
Turnersville, NJ
Washington Township

Getting to Know Devyn
Favorite Food: Chicken
Favorite Musical Artist: Katy Perry
Sports Role Model: Shane Victorino
Major: Biology/Chemistry/Secondary Education



Monica Novielli #8

Freshman • Defesnse
West Chester, PA
Rustin

Getting to Know Monica
Favorite Food: Stuffed Peppers
Favorite Show: Big Bang Theory
Reality Show I Could Win: Fear Factor
Major: Business/Marketing



Kelsey Paulsen #15

Freshman • Attack
West Islip, NY
West Islip

Getting to Know Kelsey
Favorite Food: Sushi
Favorite Show: Royal Pains
Favorite Movie: Breakfast Club
Major: Economics



Amber Shifflett #17

Freshman • Defense
Pasadena, MD
Chesapeake

Getting to Know Amber
Favorite Food: Key Lime Pie
Favorite Show: Grey's Anatomy
Favorite Musical Artist: Alanis Morisette
Major: Biology/Pre-Med



Front Row (left to right): Lindsay Kupferschmidt, Devyn Mulholland, Shelby Iezzi
Second Row (left to right): Lyndsey Babilon, Kelsey Metzler, Natalie Draham, Maggie Canavan, Samantha King, Allie Kakareka, Rebecaa Belmonte, Tia Mazzie
Third Row (left to right): Samantha Mazzie, Monica Novielli, Ruth Costanzo, Deanna Hauser, Kelsey Paulsen,
Back Row (left to right): Assistant Coach Gary Agard, Gabrielle Lochetto, Courtney Martin, Kelsey Schwan, Sarah Bennett, Kim Springman, Amber Shifflett, Head Coach Leah Carr
Not Pictured: Ashley Bowers